



LIGHT from LIGHT

Impact Report 2019

# Feeding the flame of hope and resilience, together.

Light from Light identifies, encourages and advances the work of proven local leaders who build and sustain progress in the Haitian communities they call home.

We envision and work for the day when there is a healthy, self-sustaining rhythm of life in Haiti.



Our partnership breeds true, equitable relationships.  
Pictured here: Light from Light's Board Chair,  
Dr. Charles Dunn, with a long-time Haitian friend.



## Pillars of Support

Through funding, training, and organizational support, Light from Light supports the needs of the Lespwa Timoun (“Hope for Children”) Clinic in three primary areas:

- **Nutrition**
- **Healthcare access for Haiti’s most marginalized**
- **Women and Children**





Lespwa Timoun uses Plumpy Nut, a fortified peanut butter, for nutritional rehabilitation of children with acute malnutrition.



## Nutrition

**1,293 infants and children** received life-sustaining care through Lespwa Timoun's intensive nutrition program.

**1,000+ deworming treatments** were provided to children. (Worms significantly worsen malnutrition by preventing absorption of food.)

**31,000 packets of nutrient-rich Plumpy Nut** were distributed to children with malnutrition.



## Healthcare Access for the Most Marginalized

**12 community health workers** are employed in their local communities to provide door-to-door outreach that makes a true impact on community health and childhood malnutrition.

**Twice monthly**, clinic staff hosts mobile clinics in two remote mountain communities.

The Lespwa Timoun Clinic employs 49 individuals and, last year, saw a total of **12,130 patients** at the physical clinic, plus an additional **843 patients** through mobile clinics.



## Women and Children

For **\$39/month**, our Child Sponsorship Program ensures an education, weekday lunches and medical care for **174 children** in grades K-9.

Lespwa Timoun employs a **part-time gynecologist and two part-time pediatricians** to meet the high demand of women and children who come to be treated at the clinic.

In 2019, midwives trained by Lespwa Timoun performed **437 healthy deliveries** with no maternal deaths.



## 2019 FINANCIAL HIGHLIGHTS

**\$682,187** invested by **471** donors

**\$300,000** one-time sustainability gift included support for financial reserves, Light from Light staffing and Lespwa Timoun projects

**15** active church partners across **6** states

**2** full-time individuals based in Haiti

**100%** of child sponsorship donations fund education, nutrition and medical care

**4** active volunteer-led regional fundraising events



Twice per month, Lespwa Timoun goes on mobile clinic visits up to the most rural communities in Haiti. Patients of all ages are able to receive care closer to home.



Lespwa Timoun staff and Community Health Workers frequently make home visits to check on the progress of the most vulnerable patients. Pictured here: Carmel Valdema, RN, Clinic Founder, conducting a home visit.

# Haiti is closer than you think!



**While at times it can feel like a world away, the flight time from Miami to Port-au-Prince is about an hour and a half.**

Haiti is ready for YOU! For your heart and for your hands to come take part in this work.

**GIVE** – Simply visit [www.LightFromLight.me/give](http://www.LightFromLight.me/give).

Consider sponsoring a child or joining our Sustainer's Society with a monthly gift.

**GO** – We have both medical and non-medical team opportunities to serve on short-term trips. If flying isn't your thing, you can volunteer at one of our U.S.-based events. Reach out to [info@lightfromlight.me](mailto:info@lightfromlight.me) for more information.

**CONNECT** – Join a community of Americans and Haitians with a shared vision on our email list, our social media platforms or in real life! We can't wait to know you!



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Light from Light is a 501(c)3 nonprofit organization